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Start Your **ADVENTURE**
 Here

Who are redspokes?



redspokes began life in 1990 as a collective of cyclists who specialize in cycling remote and spectacular roads in secluded areas of the planet. As a direct result of these experiences we decided to start taking small groups of friends and acquaintances to areas that offer not only fantastic cycling, but also immense cultural interest.

The success of these tours prompted us to start a small company with the aim of bringing this type of exciting and rewarding trip within a price range that we, as seasoned travellers, think is reasonable.

Without cutting any corners on safety or (where possible) comfort, our tours are informal, and designed to cover areas that we as cyclists, have enjoyed immensely.



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FOR THE LATEST DEPARTURE DATES AND PRICES, VISIT OUR WEBSITE...

3 Countries, 2 Weeks (Vietnam, Laos & Thailand)



The redspokes South Asia adventure offers challenging cycling, minority culture and dramatic landscapes as we cycle through mountainous Vietnam, rural Laos and undiscovered Northern

Thailand,

Biking over the Tram Ton, Vietnam's highest mountain pass we ride through narrow gorges and remote villages to Dien Biên Phu, where the French were defeated in 1954. In beautiful, landlocked Laos we enjoy a home stay and traditional Baci ceremony.

Cycling northwards, we reach Northern Thailand; at Phu Lang Ka in Chiam Kahn district, a scenery of rolling 'sea clouds' enveloping Karst formations will take your breath away.



Experience Vietnam, Laos & Thailand
on the redspokes '3 Countries 2 weeks'
Cycling Holiday

"Fantastic and unique. Seeing and experiencing the dramatic changes in language, food, culture and environment as you sweep up through the clouds and down over land boarders was amazing."

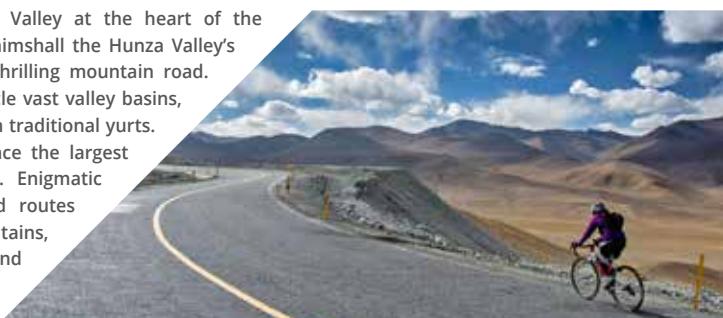
Bradley Walsh, Perth, Australia

Karakoram Highway to Kyrgyzstan

From Gilgit through beautiful Bagrote Valley at the heart of the Karakorum Mountains we journey to Shimshall the Hunza Valley's highest settlement, riding back down thrilling mountain road.

In Xinjian Uyghur, Western China we cycle vast valley basins, and ascend mountain passes, camping in traditional yurts.

In bustling oasis city, Kashgar experience the largest outdoor traders market in the world. Enigmatic Kyrgyzstan offers unparalleled off-road routes through wide plains and grass-clad mountains, passing semi-nomadic horsemen and shepherds tending their flocks. We visit the second largest alpine lake in the world, ending in Bishkek.



Experience Pakistan, China and Kyrgyzstan
on the redspokes 'Karakoram Highway to
Kyrgyzstan' Cycling Holiday

"Another excellent Redspokes trip though a fascinating part of the world that is definitely off the beaten track."

Extremely friendly people in Pakistan and Kyrgyzstan and fantastic countries to cycle in."

Colm Faherty, Dublin Ireland

Chile-Argentina



Cycle Chile Argentina through a scenery shaped by millions of years of volcanic activity. Smouldering peaks, snow-capped mountains and towering granite summits dominate the skyline. The lower Andean slopes are blanketed with ancient rainforest, lush vegetation, icy fjords, emerald lakes and tumbling waterfalls.

From Puerto Varas we follow the shores of the Llanquihue Lake journeying to Bariloche, adventure capital of the Argentinean Lake District, and embark on stunning Seven Lakes Route to San Martin de los Andes. We cycle through Villarica national park to Pucon, before reaching the Parque Conguillio, Chile's first Geopark.



Experience Chile on the redspokes
'Patagonia & the Lake District' Cycling Holiday

"What an amazing trip! Chile, Argentina & the Lake District of Patagonia are so incredibly beautiful and we never tired of the snow-capped mountains and volcanoes and the crystal clear water in the lakes."

Ros Lawson, Edinburgh, Scotland

Colombia

Colombia is one of South America's most beautiful but least-visited countries.

Cycling challenging mountain climbs and dramatic Andean scenery we journey through an amazing variety of landscapes and cultures characterised by the lush verdant hillsides of the coffee district, going right off the beaten track to discover the Colombian countryside.

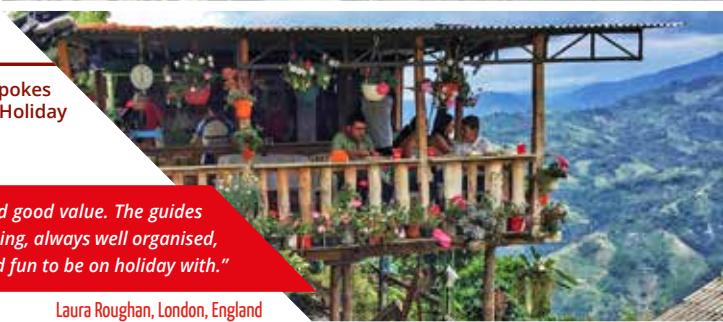
Colombia claims to be 'one of the happiest places on the planet', the nation's passion for cycling is on a par with its love of football, making this a fantastic destination for the intrepid cyclist.



Experience Colombia on the redspokes
'Colombia - Medellin to Bogota' Cycling Holiday

"The trip was well organised and good value. The guides and support crew were amazing, always well organised, supportive on the ride and fun to be on holiday with."

Laura Roughan, London, England



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Peru



Cycling with redspokes is a spectacular way to discover the 'real Peru'; a unique and fascinating country.

You will enjoy challenging rides, close encounters with wildlife and unforgettable scenery, bustling colourful market towns and glimpses of a way of life that has barely changed in the last 500 years.

We experience thermal hot springs and visit the famous lost city of the Inca's - Machu Picchu, the dramatic salt plains of Salinas, and the fascinating town of Cusco.



Experience Peru on the redspokes 'Peru - The Andean Dream' Cycling Holiday

"Another fantastic trip with redspokes, expertly led by Eduardo and his team. Some fantastic scenery, some hard but rewarding riding and the magnificent Salkantay trek to Machu Picchu to round things out."

Phil Hurcom, London, England

Peru - Bolivia

The redspokes South American cycling holiday from Cusco to La Paz is a high adrenalin, high altitude cycling adventure and a unique way to discover two of South America's most magnificent and diverse countries.

Experience ancient Incan culture, exotic jungle scenery and rural indigenous cultures journeying to the high Altiplano and passing icy mountain streams to Lake Titicaca, the highest navigable lake in the world.

Our cycle route includes the exhilarating and infamous 'Road of Death', one of the most beautiful roads on Earth, taking us to Bolivia's capital La Paz.



Experience Peru and Bolivia on the redspokes 'Machu Picchu to La Paz' Cycling Holiday

Overall, the redspokes Peru/Bolivia trip was a fantastic experience with a variety of challenging cycling, both physically and mentally. Fantastic scenery, particularly at the high passes.

Phillip McNeill, New Zealand

Burma



Mystical Myanmar has long held a fascination to the outside world; with tourism still in its infancy much of Burma remains untainted by large scale visitor numbers.

At Ngang Schwe in the north, we encounter hill tribes and fishing communities. Our cycle tour continues through rural landscapes to volcanic Mount Popa. Ascend 777 steps to the summit for panoramic views. We cycle on to Bagan to discover the famous shimmering pagodas and stupas.

You can choose to extend your tour to Ngapali Beach on the Bay of Bengal, before ending your holiday in Yangon.



Experience Burma on the redspokes
'Mountains, Beaches & Stupas' Cycling Holiday

"The Burma trip exceeded expectations! We are now loyal followers of redspokes. The pre-tour support was good and the local tour support in Myanmar was the best we've experienced."

Becky Layton, California, United States

Thailand (North and South)

There is something for everyone in Thailand, the ever-popular South East Asian destination. Our gentle Southern itinerary departs from Bangkok following the Gulf of Thailand and the Andaman coast with an island hop to Phuket.

redspokes Northern Thailand route will give you the opportunity to enjoy challenging cycling and explore remote, undiscovered mountainous regions encountering hill tribes and traditional communities.

Whichever cycling itinerary you chose you will experience lively markets, sacred temples, classic Thai cuisine, beautiful scenery and dramatic skylines.



Experience Thailand on the redspokes
'North Thailand' Cycling Holiday

"If you have a sense of adventure and want a unique exhilarating insight into a culture and place where the physical challenges will test your values and attitudes this tour is it."

Carol Pelham-Thorman, Victoria, Australia



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Cambodia



Cambodia is an exotic, mystical and diverse country. Generally, terrain is well surfaced and not hilly; in remote areas, we encounter rougher conditions cycling on dirt tracks.

In capital city, Phnom Penh enjoy Khmer culture; also witness traces of the more recent turmoil of the killing fields. Heading south we visit Ream National park, enjoy coastline and sandy beaches, passing traditional fishing villages, with a boat trip to lush, tropical island Koh Tonsay. Take in the religious splendour of Angkor at sunrise and enjoy touches of the French colonial past in Siem Reap. We end with a trip across Tonle Sap (Great Lake).



Experience Cambodia on the redspokes
'Cambodia - Undiscovered Lands' Cycling Holiday

"This was my first redspokes trip which I would recommend highly. The organization was excellent start to finish along with great assistance from the support team. It is a terrific way to see Cambodia."

Janet Rose, Colorado, United States

Sri Lanka (Classic and North to South)

Sri Lanka is a fantastic cycling destination, with well-surfaced roads and diverse natural surroundings. From ancient religious and cultural sites to national parks, mountains, wildlife and stunning coastline, there is much to enjoy. Moving forwards from a 30-year civil war which ended in 2009, Sri Lanka is now a popular holiday spot. Our tours include the cultural triangle, Knuckles mountain range and hill capital Kandy, last stronghold of the Sinhalese.

Choose from our more easy-going Classic itinerary or the North to South route including Tamil town Jaffna, a less travelled and more challenging journey.



Experience Sri Lanka on the redspokes
'Sri Lanka - North to South' Cycling Holiday

The scenery and sights are stunning, particularly in the high country and the safari in Udawalwa National Park is an experience not to be missed.

Ross Priellip, High Halstow, England

Laos



Mountainous, land-locked Laos is relatively untouched by Western influences. The people have a reputation for being amongst the most welcoming in the world. From relaxed capital city Vientiane, we cycle a rural route to Nam Ngum, and on to Vang Vieng. Entering a landscape of stunning limestone karst formations, we cycle rolling hills to UNESCO World Heritage town Luang Prabang.

We visit a Hmong school (funded by redspokes cyclists), and experience a homestay and Baci ceremony Ban Nalay village. Our trip concludes with a boat journey on the Mekong River back to Luang Prabang.



Experience Laos on the redspokes
'Laos - South to North' Cycling Holiday

"Well, it has been the second time I've bike toured with redspokes and again I must say I've been really happy with this Laos experience. The scenery has been stunning, the contact with the locals wonderful..."

Piero Tassinari, Meldola, Italy

Thailand & Laos

The redspokes Thailand and Laos tour begins in Chiang Rai journeying through hill tribe villages and lush jungle scenery towards Laos.

We take a boat trip on the Mekong River to Pak Beng and visit Ban Faen school (funded by redspokes cyclists), before enjoying a homestay and traditional Baci Ceremony at Ban Nalay. We ride roller coaster hills to the holy caves at Pak Ou.

From here cycle on or take a slow boat to historic Luang Prabang, before the ultimate challenge: a monster climb to Kiu Kacham. Our tour ends in laid back Laos capital Vientiane.



Experience Thailand and Laos on the redspokes
'Thailand & Laos - Lost in Time' Cycling Holiday

What an adventure. Be under no illusions, it's tough but the rewards of this amazing country far outweigh any difficulties.

Neil Kelly, Sheffield, England

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India - Himalayas



redspokes Indian Himalayan tours begin in Spiti (the cold mountain desert) or Manali. Spiti valley was opened to foreign visitors for the first time in the 1990's. redspokes itinerary is a journey of contrasts from beautiful valleys to expansive barren landscapes.

The high mountain ranges divert cloud cover from the area, resulting in wide arid desert-like terrain.

Dotted across the region are monasteries, prayer flags and sacred symbolism. From Manali we cycle 5 major passes over 8 days to reach Leh - the highest, most remote and least populated region in India.



Experience Indian Himalayas on the redspokes
'Indian Himalayas - Manali to Leh' Cycling Holiday

Superlatives are not my cup of tea.. But this trip just was epic, awesome, amazing, exhilarating, stunning, rewarding, tough, challenging, wonderful, fun and fantastic.

Tobi Grimminger , Stuttgart, Germany

India - Kerala

Kerala 'God's own Country' is outstandingly beautiful and geographically diverse, with the Arabian Sea to the west and the mountains of the Western Ghats to the east, offering a great variety of cycling.

Our Kerala to Tamil Nadu itinerary includes stunning beaches on the Malabar coast, lush green hill stations shrouded in mist, sloping tea plantations, blue lagoons, tropical rainforests, and the tranquil inland waterways of Alleppey.

Our tour includes a night on a houseboat or 'Kettuvallam' before ending in Cochin.



Experience India on the redspokes
'India - Kerala' Cycling Holiday

I enjoyed the experience of cycling through the breathtaking scenery of Kerala and Tamil Nadu very much, the tea plantations were spectacular and we were always greeted with warm smiles from young and old.

Annette Meier, London, England

China (South West)



Yunnan province, is characterised by mountainous peaks, river valleys, and a vast array of flora and fauna; it is home to many minority communities including Yi, Bai, Hani, Zhuang, Dai and Miao.

Taking in high altitude climbs, swift descents and a varied terrain, from Shangri-la we pass limestone plateaus and white-water terraces, experience the dramatic scenery of Jade Dragon Snow Mountain and legendary Tiger Leaping Gorge.



We cycle to historic Lijiang and ancient Naxi town Dadongzhen, passing the renowned First Bend of the Yangtze River, then follow the ancient Tea Horse Road to Dali.

Experience South West China on the redspokes 'China - Yunnan' Cycling Holiday

Memories of Tiger Leaping Gorge, the Yangtze and cycling through snow capped mountains won't fade quickly. Thanks for another great tour!

Laura Donovan, London, England

China (South East)

redspokes South East China holiday begins in Guiyang. Following secluded backroads we experience a world far from the modern face of the country in a landscape of rice terraces etched into the mountain, rising up in layers towards the skyline.

As many as 30 different ethnic minorities live peacefully alongside one another, with a huge variety of cultures. Cycling down from the hills we continue towards Guilin with dramatic karst mountains and bamboo lined rivers coming into view.

You have the option to end here, or take a 2-day extension to Yangshou.



Experience South East China on the redspokes 'China - South East' Cycling Holiday

Another really enjoyable redspokes trip. It was great to get to such out-of-the-way places, well off the tourist routes and get a unique experience of China.

Peter Dilks, Christchurch, New Zealand



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Tibet



Our Tibet cycle tour travels from Lhasa to Kathmandu, two of Asia's most exotic cities. We mountain bike over 5 major passes above 5000m and traverse 1000 km along the backbone of the Himalayas.

Climb almost fifty hairpin bends over the Pang La Pass to reach Base Camp Everest before you undertake the world's longest downhill ride from just over 5,000m at Thang La, to below 700m in Nepal - around 4,400m in just over 160km. Great physical challenges with extreme mountain biking through breath taking scenery as you cycle "the Roof of the World".



Experience Tibet on the redspokes
'Tibet - Base Camp' Cycling Holiday

"A trip which certainly deserved its 10 out of 10 rating, but worth all the effort and training. Some days were challenging but the rewards were awesome."

Anne Hillman, Southport, England

Kyrgyzstan

redspokes Kyrgyzstan cycling tours are a rare opportunity to explore the scenic grand vistas, deep gorges, snowy peaks, rural villages and glacial rivers of Central Asia.

We experience nomadic culture and traditions enjoying local hospitality from shepherd families in their summer yurts, on sparsely populated green pastures. Kyrgyzstan is dominated by mountains, over 90% of the terrain lies above 1000 m, our itineraries include challenging climbs over high passes. Tourism is still in its infancy; beaming smiles, open arms and unrivalled hospitality await you on our tours.



Experience Kyrgyzstan on the redspokes
'Kyrgyzstan - Shepherd's Way' Cycling Holiday

The Kyrgyzstan tour was a phenomenal way to see this very beautiful country. From the challenging climbs, exhilarating descents, and the many interactions with people along the route, it was a very satisfying tour.

Floyd Christofferson, California, United States



Tajikistan - Kyrgyzstan



Redspokes' Pamir Highway trip is a high-altitude ride through spectacular mountain passes and remote dramatic valleys, offering a fascinating insight into ex-Soviet Central Asia.

From Dushanbe, Tajikistan's sleepy capital to we cycle Pyanj valley where the massive river marks the border with Afghanistan, visit Khorog; capital of the Pamirs, passing snow-capped peaks and eerie turquoise lakes. Ak Baital Pass is the highest point of the tour at 4,655m. Journeying into Kyrgyzstan we ride the wide grassy Alay valley, studded with traditional Kyrgyz nomadic yurts. The tour ends in Osh, Kyrgyzstan's second city.



Experience Tajikistan on the redspokes
'Tajikistan to Kyrgyzstan' Cycling Holiday

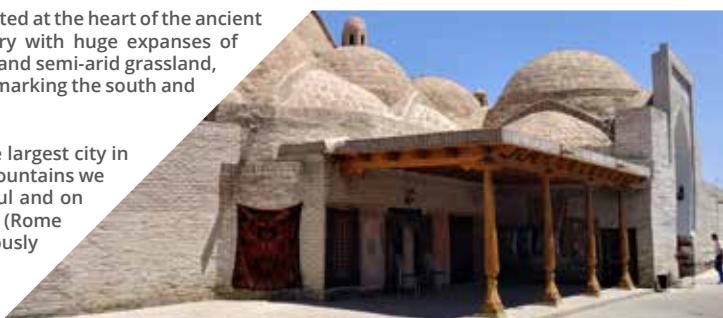
The trip itinerary was at an ideal pace; fast enough to cover significant distances each day, but slow enough to absorb the stunning scenery.

Nigel Hardy, London, England

Uzbekistan

Uzbekistan is a nation of contrasts, situated at the heart of the ancient Silk Road; a double land-locked country with huge expanses of desert, pockets of verdant fertile valley and semi-arid grassland, the snow-capped Tien Shan mountains marking the south and eastern borders.

Our tour begins in capital Tashkent, the largest city in Central Asia, travelling to the Zaanin mountains we take a rural route around Lake Aydarkul and on to mediaeval Bhukara and Smaarkand (Rome of the East) one of the oldest continuously inhabited cities in the world.



Experience Uzbekistan on the redspokes
'Uzbekistan' Cycling Holiday

"An amazing experience, so much history and a real variety of cycling. The people were incredibly hospitable we were even invited to join a wedding party! We can't recommend the 'plov' highly enough."

Donal and Lyn Madden, Inverness, Scotland



FOR THE LATEST DEPARTURE DATES AND PRICES, VISIT OUR WEBSITE...

Vietnam (North East and West)



redspokes Vietnam cycling tours combine challenging terrain, dramatic scenery and encounters with minority communities. Cycle hilly hairpin bends amongst slopes, ridges, valleys and limestone karsts; the outstanding natural beauty will take your breath away. Both our North East and North West itineraries begin in Vietnam's buzzing capital, Hanoi.

You have the option to visit to Ha Long Bay, the world's largest marine limestone 'karst' landscape. You will stay on a wooden junk, modelled on traditional Vietnamese sailing boats. A unique and outstanding seascape featuring thousands of limestone karsts and isles rises out of emerald green seas.



Experience Vietnam on the redspokes
'Vietnam - North West' Cycling Holiday

We all really enjoyed the whole trip, great views, lovely people, enough of a challenge without being impossible and a feeling of really being in Vietnam and not viewing it from within a tourist bubble. We loved it.

Alistair , York, England

Nepal

From the Kathmandu Valley cycle mountain passes and the tropical plains of the Terai. Visit Chitwan National Park, climbing through traditional villages as the landscape soars towards the snow-capped peaks of the Himalayas. An exhilarating flight up to Jomsom over snow-capped peaks, takes us right between the Himalayan giants Annapurna and Dhaulagiri.

From here we ride between the Nilgiri Massifs to one of the holiest temples in Nepal, Muktinath at the foot of the mighty Thorung La Pass (5416m), and follow single track crossing a dramatic suspension bridge and riding along the beautiful Kaligandaki River.



Experience Nepal on the redspokes 'Nepal - Kathmandu to Muktinath' Cycling Holiday

Amidst the colorful culture, chaotic streets and overwhelming beauty, our guide, Ox, made our Nepalese experience personal and memorable!

Hayley Mann, Albuquerque, United States

Albania



One of Europe's secret treasures, recently opened to the outside world after years of isolation. 70% of Albania is mountainous with spectacular landscapes and pristine coastline along the Adriatic and Ionian Seas, Albania is fast growing in popularity as a cycling destination. Take the opportunity to visit now.

Beginning in vibrant capital Tirana, we visit Lake Ohrid and cycle from Pogradec into the mountains, heading southwards to Korçë, we visit hot springs in Benje and majestic Gjirokaster. Crossing countryside and more mountainous terrain to reach Ionian coastline, then follow the Albanian Riviera. Our cycling ends in Orikum.



Experience Albania on the redspokes
'Albania - North to South' Cycling Holiday

"We really enjoyed the Albania tour with its challenging climbs and exhilarating descents. The guides love of their own country was inspiring."

Steve Trudgeon & Anne Scaife, Harrogate, England

Albania - Macedonia

Redspokes Albania/Macedonia itinerary begins in vibrant capital Tirana. Heading north, we take a dramatic boat trip on the Komani Lake then cycle a beautiful mountainous route to Peshkopi. We visit Macedonian UNESCO town Ohrid, before riding around the lake towards Pogradec and back into the mountains, heading southwards to Korçë.

We stop at hot springs in Benje and reach majestic medieval Gjirokaster. Crossing countryside and more mountains to the Ionian coastline we then follow the Albanian Riviera in a northwards direction. Our cycling ends in Orikum. We will transfer back to Tirana for your journey home.



Experience Albania/Macedonia on the
redspokes 'Albania - Macedonia' Cycling Holiday

"A thoroughly enjoyable and well organised trip, with great company, excellent food, and brilliant guides Arjan and Juli. This is another great trip in the redspokes itinerary."

Bryan Crosland, Swansea, Wales



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Scotland

Choose from two Scottish itineraries:



The North West is a vast wilderness of mountains set in ancient rock and moorland. From Inverness, we head towards west coast Achiltibuie through a landscape which becomes more spectacular with every locomotion of the wheel. Traditional life continues in crofting and fishing villages. We cycle beaches, mountain passes, green valleys, lochs and fast flowing rivers



Our Campbell town to Inverness route heads north up the east coast of Mull of Kintyre alongside sea lochs to Fort William, and up the Great Glen and Caledonian Canal to Inverness.

**Experience Scotland on the redspokes
'Scotland - The Remote Highlands' Cycling Holiday**



"Would never have seen the remote Highlands if not for redspokes. A wonderful holiday experience with a broad range of friendly and interesting people."

Eric Coull, Rosslea, Australia

Pakistan

redspokes Pakistan cycle tour is an opportunity to experience astounding natural beauty and ancient cultures, enjoying some of the best riding in the world.

The Karakoram is the backbone of vast colliding mountain ranges incorporating high peaks and the world's longest non-Polar glaciers. From Gilgit we cycle through Bagrote Valley and on to Shimshal the highest settlement in the Hunza valley.

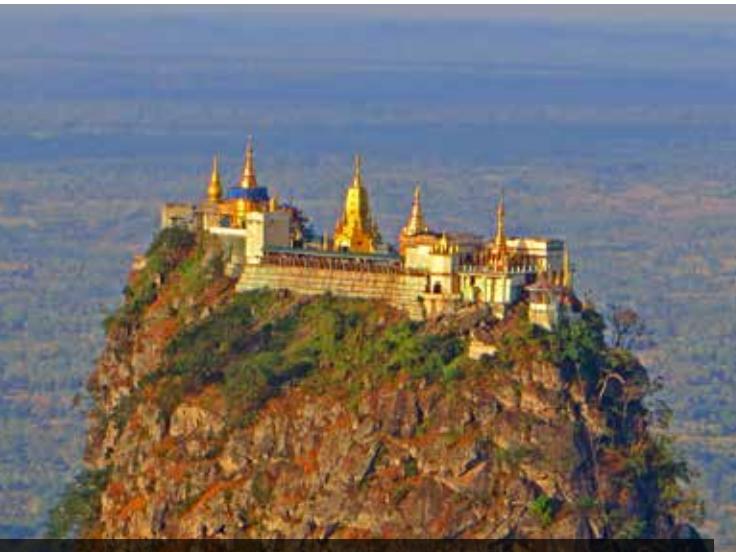
We climb through tiny villages where friendly locals greet us. Near Minapin we will enjoy a spectacular view of Mt Rakaposhi, the tallest mountain on land from base to peak. Tour ends in Islamabad.

**Experience Pakistan on the redspokes
'Pakistan - The Old Silk Route' Cycling Holiday**



"A1, magic trip, one of my best. I'd always wanted to do the Karakoram highway and thanks to Dermot's enthusiasm and know how, I fulfilled my dream."

Derek Wright, London, England



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